



PEERZONE WORKSHOP FACILITATOR TRAINING

What is PeerZone?

PeerZone is a series of peer-led workshops for people who experience mental health and addiction challenges.

The workshops are a combination of peer support and recovery education and provide a fun, interactive, safe structure for participants to share their experiences, learn self-management, and expand their horizons. Workshops explore distress, recovery, and major life domains such as lifestyle, relationships, housing, and employment.

These pre-packaged workshops can be offered as 18 three-hour or 36 ninety-minute sessions.

Since 2013, PeerZone has certified over 300 facilitators worldwide and is currently running in Canada, Australia, New Zealand, and the U.S. PeerZone has been

successfully piloted and all the workshops are evaluated.

Workshop Facilitator Training

PeerZone offers a 4-day training for peer workers to become licensed facilitators, who then deliver the PeerZone workshops as part of their employment to people in their service or community.

Post-training support includes monthly group teleconferences, advice, and improvements to workshops and access to our mobile-friendly website.

Facilitators also gain access to our online toolkit with 52 new workshops full of resources for use 1:1 and in shorter groups.

“The content is **brilliant** and honors the lived experience.”

“PeerZone is an **incredible opportunity** to further one’s self-development.”

“A great way to use one’s lived experience to **support others.**”



SCAN TO REGISTER

UPCOMING TRAINING COHORT

October 2, 3, 6, and 7, 2025
9:30 AM to 4:00 PM PST

Learn more about PeerZone, contact:
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